


CW Resources Senior Community Café

August Menu 2017

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

\$3.00 SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Meatloaf LS Brown Gravy Sweet Potato Corn</p> <p>Dinner Roll</p> <p>Fresh Plum</p>	<p>2</p> <p>Chicken Scampi Linguini Broccoli with Red Pepper</p> <p>12 Grain Bread</p> <p>Citrus Selections</p>	<p>3</p> <p>Grape Juice Sloppy Joe Mashed Potatoes Green Beans Happy Birthday</p> <p>Hamburger Roll</p> <p>Birthday Cake</p>	<p>4</p>
<p>7</p> <p>Veal Picatta Mashed Potatoes Spinach</p>  <p>Rye Bread</p> <p>Melon</p>	<p>8</p> <p>Eggplant Rolatini Meat Sauce Ziti Broccoli</p> <p>12 Grain Bread</p> <p>Fresh Peach</p>	<p>9</p> <p>N.E. Clam Chowder Unsalted Crackers Asian Chicken Salad with Chicken Strips, Mandarin Oranges, Sesame Seeds and Cucumbers Breadstick</p> <p>Grapes</p>	<p>10</p> <p>Salisbury Steak LS Gravy Egg Noodles Carrots</p> <p>Oat Bread</p> <p>Fruit Cocktail</p>	<p>11</p>
<p>14</p> <p>Grape Juice Grilled Orange Chicken Orange Sauce Sesame Noodles Winter Blend Veggies</p> <p>Whole Wheat Bread</p> <p>Tropical Fruit Cup</p>	<p>15</p> <p>Cranberry Juice Turkey Pot Pie Diced Potatoes Tuscany Blend Veggies</p> <p>Biscuit</p> <p>Oatmeal Cream Pie</p>	<p>16</p> <p>Asian Beef Strips with Ginger Sauce Brown Rice Oriental Blend Veggies Garden Salad Italian Dressing</p> <p>Pumpernickel Bread</p> <p>Pineapple Chunks</p>	<p>17</p> <p>Chicken Vegetable Soup Unsalted Crackers American Goulash Scandinavian Veggies</p>  <p>12 Grain Bread</p> <p>Fruited Yogurt</p>	<p>18</p>
<p>21</p> <p>Eye of the Round Mushroom Gravy Whole Potatoes Carrots</p> <p>12 Grain Bread</p> <p>Pineapple Chunks</p>	<p>22</p> <p>Grape Juice BBQ Pork Loin BBQ Sauce Red Beans and Rice Spinach</p> <p>Corn Muffin Vanilla Chocolate Ice Cream Cup</p>	<p>23</p> <p>Cranberry Juice Philly Cheese Steak Onions and Peppers Tri-Color Pasta Salad Broccoli Slaw</p> <p>Sub Roll</p> <p>Peaches</p>	<p>24</p> <p>Baked Fish Tartar Sauce Sweet Potato 3 Bean Salad</p> <p>Banana</p>	<p>25</p>
<p>28</p> <p>Beef Barley Soup Unsalted Crackers BBQ Chicken Sandwich Pasta Spinach Salad Mexi-Corn</p> <p>Hamburger Bun</p> <p>Fruit Cocktail</p>	<p>29</p> <p>Spaghetti with Sauce and Meatballs Broccoli</p> <p>Italian Bread</p> <p>Apricots</p>	<p>Labor Day Special 30</p> <p>Apple Juice Long Dog Potato Salad Cucumber Salad Mustard</p>  <p>Sub Roll</p> <p>Watermelon</p>	<p>31</p> <p>Cranberry juice Roast Turkey Turkey Gravy Herbed Stuffing Squash Medley</p> <p>Dinner Roll</p> <p>Fresh Pear</p>	